

NON CONTACT KARATE TAUGHT BY fully QUALIFIED INSTRUCTORS



EVERYONE WELCOME
FROM 4 YEARS OLD



WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. All
classes are friendly, informative & cater to the
individual needs of the student.



CALMORE JUNIORS SCHOOL
WEDNESDAYS 07.30AM – 08.30AM

£5.50 PER CLASS – pay as you go
membership required after first class £24 per year

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKKARATE.ORG

FOR MORE INFORMATION AND TO BOOK YOUR PLACE

EMAIL: **info@southernkarate.org**

Tel: 07764 478507



Child Protection
in Sport Unit

