## **Week One Menu**

Served weeks commencing: 2nd January 22nd January, 19th February, 11th March



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausages with gravy  Mashed Potatoes Peas Coleslaw	Homemade Beef Lasagne with Herby Potatoes Salad Sweetcorn	Roast Chicken with Roast Potatoes Green Beans Carrots	Mild Beef Chilli con Carne with 50/50 White and Wholegrain Rice Sweetcorn Broccoli	Fish Fingers with Chips Peas Baked Beans
VEGETARIAN	Vegetarian Sausage with Gravy  Hotdog with Mashed Potatoes Peas Coleslaw	Vegetarian Lasagne with Herby Potatoes Salad Sweetcorn	Cauliflower Broccoli Cheese Bake with Roast Potatoes Green Beans Carrots	Vegetable Enchilada with 50/50 White and Wholegrain Rice Sweetcorn Broccoli	Cheese & Tomato Pizza with Chips Peas Baked Beans
JACKET POTATO PASTA DISH	Pasta with Tomato Sauce	Jacket Potato with a choice of either filling  Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato Sauce	Jacket Potato with a choice of either filling  Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta With Tomato Sauce
DESSERTS	Lemon Sponge with Custard	Shortbread Finger with Fruit Wedges	Iced Chocolate Sponge	Apple Flapjack Crumble with Custard	Fruity Friday



## AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Seasonal Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

