



ABBOTSWOOD JUNIOR SCHOOL

'Helping **everyone** achieve their best'

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Headteacher: Mr G Moore

14th January 2026

Let's give them their childhood back!

Dear Parents/Carers,

How much time should children (and adults!) spend on phones? Should social media be banned for under 16s? These are questions many of us constantly ask ourselves in an ever-changing modern, connected world.

To help us find the best balance, we are inviting you to a special presentation at Abbotswood Junior School with 'Papaya Talks'. Papaya is an organisation that helps schools and families make informed choices about smartphones, social media and screens. They aim to provide engaging, non-judgemental talks which are packed with practical advice for parents.

This presentation isn't about being "anti-tech"; instead, it is about enabling parents to make informed decisions based on research. It is also a fantastic opportunity to meet other parents and talk about how we can protect our children's health and well-being.

Join us!

When: Tuesday 10th February 2026

Time: 6pm - 7.30pm

Where: Abbotswood Junior School, Ringwood Road, Totton, SO40 8EB

Note:

- There will be parking available on site.
- This event is for adults only; we cannot provide any childcare facilities. Thank you for your understanding.

Please let us know if you can come by completing this [Google Form](#). Thank you.

Yours sincerely,

Mr Glenn Moore
Headteacher